



Kolline Lee

The "Love Queen"

Talks About The Secrets To Attracting Love in 2023!



The Secrets to Attracting Love in 2023:

What are the secrets? This is a million dollar question. We, as humans, have the basic needs to love and to be loved. Our life experiences shape how we view the world and in turn, manifest our lives differently compared to others. How and what we manifest into our reality all depends on the filters we have on and how we interpret what has happened to us.

My mission is to create a butterfly effect by spreading more love into this world.

Why? Because love conquers all; without love, is life worth living for? If I were to tell you that today is your last day on Earth, would you rather spend it with your loved ones or continue to work all day? Who would you have reached out to if today were your last? We tend to fear what we desire the most, don't we?

So, why am I the best person to share the secrets of attracting love?

Because I've lost the love of my life, or simply put, I realized I was in a toxic marriage, 7 years ago. I've peeled myself like an onion to understand where things went wrong; what happened in my childhood that led to the manifestation of my narcissist ex-husband.

Why did I never feel enough as a child or wife and why did I settle in the most important decision of my life? Did I marry wrong or was that the lesson I needed to learn so I can help more people to heal, feel whole, and to attract the love that they truly deserve?

It is my passion and mission to help the men and women who struggle in attracting the love that they rightly desire and deserve.

My life has completely transformed since my previous relationship. I was once suicidal, feeling empty from the love I had lost. I hit rock bottom. But that's not the end, because when you hit rock bottom, the only thing you can do is bounce back up. I've helped my clients in doing so too, rebuilding their lives after failed breakups or marriages.

My life has completely turned around since then. I wake up every morning feeling blessed, grateful, and confident in my own skin. I feel great and energetic. I aced in navigating the modern dating world, then, continued in becoming a love coach for those in need.

Listening to my clients' requests, I became a matchmaker. I have so much enthusiasm towards life and what it has to offer. I've helped countless men and women transform their love lives through healing, self-love, authenticity, and being the best versions of who they are.

Today, I am humbled and honored to share in this article the secrets to attracting love, after personally working with clients in my matchmaking services and love coaching program. I believe the best investment is to invest in us.

"It is my passion and mission to help the men and women who struggle in attracting the love that they rightly desire and deserve."



HAPPINESS IS A CHOICE.

We all want to become more attractive in our romantic life, don't we? Society has taught us to believe that in order for us to become more attractive, we need to "add" or "seek" something externally. Simply put, happiness is defined purely through our materialistic attributes. For example, if we chase money, fame, and beauty, we get the illusion that once we've achieved those goals, we will finally be happy. We will be content when we drive a certain car, have that long-awaited promotion, or reach a certain economical status, etc. Even when we get there, we often times feel a sense of emptiness inside and think "what now?" Sooner or later, you will realize that it is a never-ending cycle, and you will never feel happy, because the validation that you seek from the outside world will never have its end.

In fact, happiness is from within.

It's an inside job. It's a reverse process -- when we feel happy, we would emanate that internal positive energy from ourselves to the people and environment around us.

When you shift your mindset that "happiness" is a choice, you enter a frequency of gratitude, a state that allows you to attract love.

You will reach the full capacity of happiness when gratitude resides within you. This present moment is the most important; yesterday is in the past and tomorrow is not guaranteed.



FALL IN LOVE WITH YOURSELF FIRST.



The secret to attracting romantic love is to love yourself first. When we invest in ourselves -- for example, our mental/physical health, education, career, and personal relationships -- we automatically become more attractive, because we shift our focus from the "lack of" to the abundance we already hold in our lives. It's significant to accentuate and appreciate ourselves for what we truly are; otherwise, we begin to manifest negativity by fixating on the one aspect that we believe we are missing. Majority of people write in their dating profile--"the only thing I am missing in my life is my future spouse". We ought to shift our mindset from the "missing" to what we have or appreciate in order to speed up the manifestation of what we truly desire. In addition, I recommend writing down a list of things/traits that you appreciate about yourself (your strengths, aspirations, dreams, etc.) We must know that each one of us is unique. We have 8 billion people in this world, and when we realize that no one in this world is meant to be exactly the same as us, we will realize our worth. To love and to feel loved is our birthright, and once we embrace our own imperfections, we will interact with those around us with the compassion and respect that we deserve. We are gifted with the ability to set better boundaries, now knowing that we shouldn't settle for less than what we are meant to receive.

We only have the same amount of time each day; the people we spend time with, the physical environment we live in, and the energy that we feel around us are all important elements to consider. In order for us to let go of the old and be ready for the new, we must clear out space. You may ask, what do you mean by that?

To let go of the people, places, or things that serve no further purpose in our lives. For example, ask yourself: when was the last time you cleared out the stuff in your closet, or in your home or garage?

If the Universe is delivering what you wish to manifest, do you have the physical, mental, or emotional space to put them?

LET GO OF WHAT NO LONGER SERVES YOU.

Periodically examine the physical environment in your life to

determine what no longer serves you. If you still have stuff from your exes, or the mental space to hold negative emotions such as resentment, sadness, and disappointment, you will need to heal before you can truly move on to start anew in your next romantic relationship; this process prevents you from manifesting unwanted outcomes in your life.





ENERGY IS EVERYTHING.

The vibrational frequency that we are in determines what we will manifest and the speed of the manifestation. Thus, releasing unwanted emotions and clutter will ultimately raise your vibration. I recommend amazing morning rituals such as affirmations, (gratitude) journaling, meditation, prayers, etc. as they can help us increase our positive frequencies and keep our nervous system intact.

Another great way to raise our vibrations is to release emotions that hinder our progress towards finding love; including grief, resentment, anger, disappointment, sadness, guilt, etc. When we are in the state of positive emotions, we are in an uplifted vibration and frequency. And when we want to attract love, we need to be in the same energy of love in order to receive it. Thus, if we keep dwelling in the past or stay in our current state of negativity, we will never be in the vibration and frequency of love to attract the soul mate that we desire.

This is as simple as $1+1=2$. You simply can't be in the vibration and frequency of resentment and love at the same time. Choose wisely.

KNOW YOU AND YOUR PARTNER'S LOVE LANGUAGE

If you want to understand yourself on how to receive and give love, you should read the book, "The Five Love Languages",

by Gary Chapman

In order for us to love someone, we must know how to love ourselves first: understanding ourselves is the first step in helping our partner to understand us and how we would like to receive love.

The five love languages include Words of Affirmation, Physical Touch, Receiving Gifts, Quality Time, and Acts of Service.

The incompatibilities between couples often reside in the differences of their love languages.

A husband whose love language is physical touch might not feel as loved when his wife constantly shows her affection through words rather than actual skin-to-skin contact. Thus, we ought to understand how we and our partner wish to give and receive love to prevent any misunderstandings in the long run.



ENVISION YOUR FUTURE



Ask yourself these questions: Do you have a vision for your future? What are your dreams and aspirations? How do you see yourself in 5 years? When you can envision your future, you will have the clarity in what qualities you seek in your long term

partner, while truly knowing what kind of person will complement and support you to be the best version of who you want to be. This is an important step. We

often times can't get to our destination if we are unclear about where we are heading. We often can't see our own blind spot.

Thus, working with me, will help you quickly gain insight and guide you on the right path.

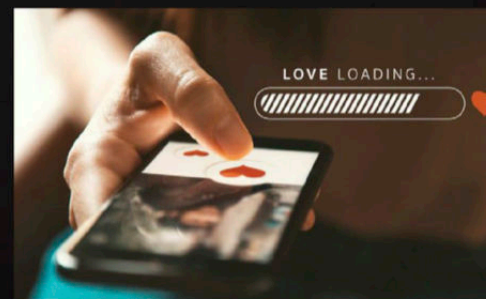
In addition, we attract who we are. Thus, when we have the clarity of whom and what we are working toward, we will most likely meet like-minded people on our path; this is when we attract compatible mates that are in the same vibrational frequency as us. Therefore, having a clear vision of your future will help you become clearer of what/who you are looking for in a romantic relationship

TAKE INTENTIONAL ACTIONS

Mindset is everything. If you have been single for many years, what would it take for you to attract romantic love? Think about it, the past few years have had its own fair share of challenges with the on-going pandemic, social distancing, and an increasing sense of mistrust within online relationships.

I love Albert Einstein's definition of insanity:

Doing the same thing over and over and expecting different results. To help you attract your romantic love, you must do something different than what's already been done. What do I mean by that? For example, if you work at a remote job from home, instead of working from home, you can increase your chances of meeting people by bringing your laptop to your nearest Starbucks, or any public place



I recommend you be in an environment where it would benefit your chances of meeting new people, joining a meet up group, and even working with a matchmaker or a relationship coach, like me, can all help you expedite the process of meeting your new romantic love



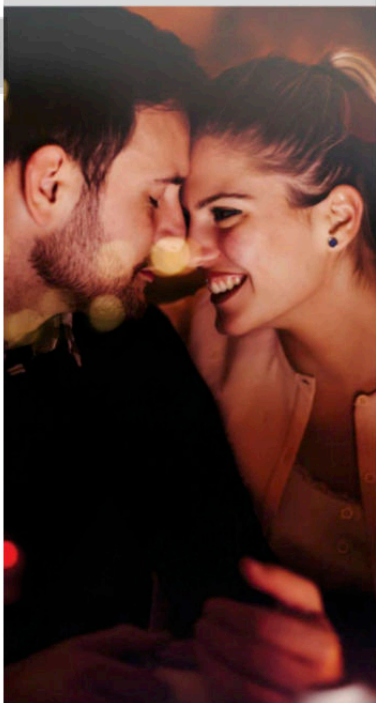
It's the process not the result

N Have you ever heard of the phrase “practice makes perfect”?

Well, it's true! Practice does indeed make perfect. If you want to accentuate your dating skills and become more attractive and confident as a person, you should go on dates more frequently to learn more about yourself and what are commonly attractive traits many eligible partners are looking for in a significant other.

"It is the journey that will aid in the understanding of what traits and compatibilities that you seek for in a partner in order to attract romantic love."

The process of going on dates will be beneficial and important to drive the result that you seek. It is the journey that will aid in the understanding of what traits and compatibilities that you seek for in a partner in order to attract romantic love. In essence, the secrets to attracting love lie within us. As long as we invest in ourselves by identifying our past relational patterns, and childhood wounds or traumas, we will be able to transform ourselves internally and become a love magnet. Be intentional in your love life by reaching out to me, and you can receive the fast pass to a happy, romantic, and healthy relationship. Time is of the essence in attracting love; we are not getting any younger. Are we? As always, I love YOU more!



ABOUT THE Author

Kolline is the founder of the matchmaking company “Match of My Dreams” where you find your perfect match. She has a master's degree in Child Development and is fascinated by how childhood shapes who we are.

Using her own experience of healing from a toxic marriage, she has excelled in relationships after her divorce and learned many healing modalities -- such as utilizing the Power of the Subconscious Mind, Law of Attraction, Energy Healing -- as well as her own unique manifestation method to help her clients accentuate who they are to attract their soul mate. Furthermore, Kolline holds numerous certifications in Matchmaking, Love, Relationships & Sexual Intimacy and employs her intuitive gifts to help her clients uncover their hidden gems in order to transform their love lives.

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